

"How beautiful upon the mountains are the feet of him who brings good news, who publishes peace, who brings good news of happiness, who publishes salvation, who says to Zion, 'Your God reigns.'" – Isaiah 52:7 (ESV)

Join Climbing For Christ in Peru to bring glory to His name!

# **Mission: Peru**



Top Left: The church built for the village of Chalhua. Top Right: Carhucocha.

**Bottom: Huayhuash.** 

Web site: www.climbingforchrist.org

"And he [Jesus] said to them, 'The harvest is plentiful, but the laborers are few. Therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest." – Luke 10:2 (ESV)

## Flights & Visas:

Flight information will be included in trip details. No visa required.

#### Currency

Exchange rate: US\$1 = 2.81 Peruvian Nuevo Sol (PEN)

#### Vaccinations

Before travelling to Peru, visit a travel clinic or see your doctor to be sure you have the following vaccinations updated: Measles/ Mumps/Rubella (MMR); Tetanus/ Diphtheria; Polio; Hepatitis A; Hepatitis B; and Typhoid. Malaria meds are NOT needed.

#### **Travel Insurance**

Travel insurance is important! Check your health insurance coverage and send us the following information: Health insurance company name, policy number, and phone number. *Please note that Climbing For Christ will not pay for any insurance or medical treatment you may require as a result of your participation in the mission trip.* 

#### **Time Difference**

In Peru the time is UTC/GMT-5 hours – the same as Central Time Zone in the U.S.

#### Water

Drink ONLY bottled water in country, or filtered water while trekking.

#### Voltage

220 V; Plugs A, B, & C. You will need a voltage converter and plug adapter.

#### **Before You Go**

Return the following list of information to Gary at gfallesen@climbingforchrist.org :

- Acknowledgement of Risk
- Certificate of Physical Fitness
- Paper copy of Passport
- Travel insurance information
- Membership Profile

Note: This paperwork will be emailed with team updates.

#### Weather

Weather: Warm and sunny during the day, cold at night. Inside houses can be cold. This is the beginning of the dry season.

	Mean Temperature °F	
Month of May	Daily Minimum	Daily Maximum
	23	77

#### Training

This is our mantra: You should be preparing physically (running, walking, hiking with a backpack, etc.) and mentally (missions are 90 percent mental — where your head goes your body follows, so get psyched up for the trip) and, most importantly, spiritually (be in the Word daily, pray unceasingly, listen to hear Him speak to you as you get ready to GO!). God bless you!

# **Gear List**

- Passport and money
- Four-season sleeping bag (at least 20-degree)
- Thermarest or similar sleeping mat
- Hiking boots
- Waterproof jacket and rain pants
- Fleece jacket or similar
- Down jacket
- Warm hat and gloves
- Baseball cap
  - Trekking pants (2 pair)
- Trekking shirts (2)
- Mid-weight long underwear tops/bottoms
- Underwear
- Socks (at least 2 pair plus liners for trekking)
- Backpack
- Headlamp and an extra set of batteries
- Water bottles
- Personal toiletries
- Sun glasses
- Sunscreen
- Bug spray
- Snacks
- Bible
- Camera
- Diamox

For travel/non-trekking/around town:

- Pants
- Shirts
- Underwear & socks
- Sneakers or shoes

## Suggested Readings

- True Religion- By Palmer Chinchen
- *Radical* By David Platt
- Before You Go A 40 day Devotional – By Jack Hempfling.
- Love Does By Bob Goff